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Autistic Spectrum Disorders

Autism is a disabling brain disorder that affects the way that a person understands and reacts to the world.

It is a “spectrum disorder”, meaning that the characteristics range from mild to severe.

Target Audience

The course is intended for people who care for individuals who are on the autistic spectrum and may have learning impairments and disabilities.

Aims

The aim of the course is for:

- Delegates to be aware of what autism is.
- Delegates to be aware of the main categories of the autistic spectrum.
- Delegates should understand what the main needs are for someone with autism.
- Delegates to understand the three learning styles and how this affects someone with autism.
- Delegates to be aware of the common treatments / strategies to assist someone with autism.

Learning Objectives

By the end of the session students should be able to:

- State the common characteristics of someone with autism.
- State the characteristics of the autistic spectrum.
- State the main three needs areas for some with autism may be.
- State the three ways that people learn, and how this affects someone with autism.
- State the ways that the delegate could assist someone with autism.

Course Duration

6 hours – 1 day